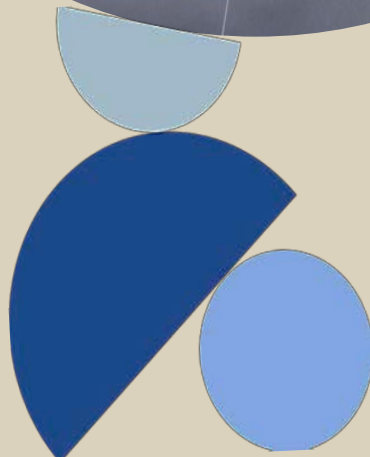


Housekeeping

2023 Safety calendar





How the calendar works

Each calendar date has a daily safety topic listed. After the month of December, or on page 15 of the calendar, there are talking points listed that correspond with the safety topic for that date. Housekeeping managers can use the talking points to assist in communicating the safety message for the day. The safety topics in the calendar repeat every other month.

The information in this calendar is an *accumulation of recommended practices*. The calendar should be of great value to your operation. Management generating safety awareness is a key practice to help control and reduce claims and related expenses.

The safety topics provided cover slip, trip and fall prevention, powered material handling, manual material handling, cutting safety, fire extinguisher safety, sprinkler system testing, industrial rack/module safety and a large number of other topics.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Report screws or nails protruding from bed frames. New Year's Day	2 Use a ladder or step stool to change shower curtains; never stand on the edge of the tub.	3 Buckle up when traveling to and from work.	4 Do not drink and drive or ride with drivers who are drinking.	5 Keep storage rooms closed to prevent theft.	6 When the fire alarm sounds, you should...	7 Keep oily rags in a covered container or under water until washed.
8 Store heavy items in the 'strike zone.'	9 Rock when vacuuming to save your back.	10 Get a stool or ladder. Never stand on chairs or bathtubs to reach high surfaces.	11 Lockouts and tagouts should be left alone.	12 Keep room doors closed when you're not present.	13 Never replace broken straps on rollaway beds with bungee cords.	14 Keep travel paths clear of trip hazards.
15 Report burnt-out exit signs.	16 Kneel on a padded surface when cleaning the bathtub. MLK Jr's Birthday	17 Turn a cuff in rubber gloves to protect against drips.	18 Never mix chemicals.	19 Keep laundry chute doors closed.	20 Report storage in stairwells.	21 Only use chemicals provided to you by the hotel.
22 Do not try to stop carts from falling over.	23 Key rings should be signed out and back in.	24 Keep bottles and containers closed and properly labeled.	25 Make sure all containers are labeled properly.	26 Push carts from the steering end for easier maneuverability.	27 Wear protective gloves when cleaning bathrooms.	28 Report suspicious persons.
29 Know where to go when weather threatens.	30 Manage your vacuum cord to prevent trips.	31 Report damaged vacuum cords immediately.	Happy New Year Let's kick off a safe new year!			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Keep storage away from fluorescent lights.	2 Keep room carts in front of the guest room door when working in a room.	3 Know your role during a weather emergency.	4 Key rings should be secured to the room attendant.
5 The rooming list should be stored out of sight in a secure location.	6 Report fire hazards.	7 Bend at your knees; save your back.	8 Wear goggles when opening laundry liquids.	9 Protect against bloodborne contaminants on and in linen.	10 Always use two people to flip mattresses.	11 Know the locations of the SDS or Safety Data Sheets.
12 Report missing fire extinguishers.	13 Correct or report slip, trip, and fall hazards.	14 Inspect cribs before setting up in guest rooms. Valentine's Day	15 Wet cigarette butts before placing them in the trash.	16 Roll the vacuum cord to prevent twists and cord damage.	17 When anyone asks to be let in a room, direct them to the front desk.	18 Locate the fire alarm pull stations in your work area.
19 Check guest room locks when cleaning rooms.	20 What do you do in the event of a weather emergency? President's Day	21 Report damaged smoke detectors.	22 Report missing bathtub strips or turned-up edges on mats. Ash Wednesday	23 Never place your hands in trash cans.	24 If you discover a fire, you should...	25 Keep storage away from electrical panels.
26 When an unknown person enters the room, you should...	27 Never give chemicals to guests.	28 Report burnt-out lights.	Post OSHA Log By Feb 1, Post OSHA 300A summary log in a conspicuous place or places where notices to employees are customarily posted.			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Report screws or nails protruding from bed frames.	2 Use a ladder or step stool to change shower curtains; never stand on the edge of the tub.	3 Buckle up when traveling to and from work.	4 Do not drink and drive or ride with drivers who are drinking.
5 Keep storage rooms closed to prevent theft.	6 When the fire alarm sounds, you should...	7 Keep oily rags in a covered container or under water until washed.	8 Store heavy items in the 'strike zone.'	9 Rock when vacuuming to save your back.	10 Get a stool or ladder. Never stand on chairs or bathtubs to reach high surfaces.	11 Lockouts and tagouts should be left alone.
12 Keep room doors closed when you're not present. Daylight Savings Begins	13 Never replace broken straps on rollaway beds with bungee cords.	14 Keep travel paths clear of trip hazards.	15 Report burnt-out exit signs.	16 Kneel on a padded surface when cleaning the bathtub.	17 Turn a cuff in rubber gloves to protect against drips. St. Patrick's Day	18 Never mix chemicals.
19 Keep laundry chute doors closed.	20 Report storage in stairwells.	21 Only use chemicals provided to you by the hotel.	22 Do not try to stop carts from falling over.	23 Key rings should be signed out and back in.	24 Keep bottles and containers closed and properly labeled.	25 Make sure all containers are labeled properly.
26 Push carts from the steering end for easier maneuverability.	27 Wear protective gloves when cleaning bathrooms.	28 Report suspicious persons.	29 Know where to go when weather threatens.	30 Manage your vacuum cord to prevent trips.	31 Report damaged vacuum cords immediately.	Spring Forward Daylight Savings Starts: Check the batteries in your smoke and carbon monoxide detectors and replace if necessary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Keep storage away from fluorescent lights.
2 Keep room carts in front of the guest room door when working in a room.	3 Know your role during a weather emergency.	4 Key rings should be secured to the room attendant.	5 The rooming list should be stored out of sight in a secure location.	6 Report fire hazards. Passover	7 Bend at your knees; save your back. Good Friday	8 Wear goggles when opening laundry liquids.
9 Protect against bloodborne contaminants on and in linen. Easter	10 Always use two people to flip mattresses.	11 Know the locations of the SDS or Safety Data Sheets.	12 Report missing fire extinguishers.	13 Correct or report slip, trip, and fall hazards.	14 Inspect cribs before setting up in guest rooms.	15 Wet cigarette butts before placing them in the trash.
16 Roll the vacuum cord to prevent twists and cord damage.	17 When anyone asks to be let in a room, direct them to the front desk.	18 Locate the fire alarm pull stations in your work area.	19 Check guest room locks when cleaning rooms.	20 What do you do in the event of a weather emergency?	21 Report damaged smoke detectors.	22 Report missing bathtub strips or turned-up edges on mats.
23 Never place your hands in trash cans.	24 If you discover a fire, you should...	25 Keep storage away from electrical panels.	26 When an unknown person enters the room, you should...	27 Never give chemicals to guests.	28 Report burnt-out lights.	29 Be watchful for sharps in bed linens in the room and in the laundry.
30 Remove lint from dryers at least 3-4 times daily.	Save OSHA Log At the end of the month, take down and file the OSHA 300A summary log with your permanent records.					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Report screws or nails protruding from bed frames.	2 Use a ladder or step stool to change shower curtains; never stand on the edge of the tub.	3 Buckle up when traveling to and from work.	4 Do not drink and drive or ride with drivers who are drinking.	5 Keep storage rooms closed to prevent theft. Cinco de Mayo	6 When the fire alarm sounds, you should...
7 Keep oily rags in a covered container or under water until washed.	8 Store heavy items in the 'strike zone.'	9 Rock when vacuuming to save your back.	10 Get a stool or ladder. Never stand on chairs or bathtubs to reach high surfaces.	11 Lockouts and tagouts should be left alone.	12 Keep room doors closed when you're not present.	13 Never replace broken straps on rollaway beds with bungee cords.
14 Keep travel paths clear of trip hazards. Mother's Day	15 Report burnt-out exit signs.	16 Kneel on a padded surface when cleaning the bathtub.	17 Turn a cuff in rubber gloves to protect against drips.	18 Never mix chemicals.	19 Keep laundry chute doors closed.	20 Report storage in stairwells.
21 Only use chemicals provided to you by the hotel.	22 Do not try to stop carts from falling over.	23 Key rings should be signed out and back in.	24 Keep bottles and containers closed and properly labeled.	25 Make sure all containers are labeled properly.	26 Push carts from the steering end for easier maneuverability.	27 Wear protective gloves when cleaning bathrooms.
28 Report suspicious persons.	29 Know where to go when weather threatens. Memorial Day	30 Manage your vacuum cord to prevent trips.	31 Report damaged vacuum cords immediately.			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Keep storage away from fluorescent lights.	2 Keep room carts in front of the guest room door when working in a room.	3 Know your role during a weather emergency.
4 Key rings should be secured to the room attendant.	5 The rooming list should be stored out of sight in a secure location.	6 Report fire hazards.	7 Bend at your knees; save your back.	8 Wear goggles when opening laundry liquids.	9 Protect against bloodborne contaminants on and in linen.	10 Always use two people to flip mattresses.
11 Know the locations of the SDS or Safety Data Sheets.	12 Report missing fire extinguishers.	13 Correct or report slip, trip, and fall hazards.	14 Inspect cribs before setting up in guest rooms.	15 Wet cigarette butts before placing them in the trash.	16 Roll the vacuum cord to prevent twists and cord damage.	17 When anyone asks to be let in a room, direct them to the front desk.
18 Locate the fire alarm pull stations in your work area.	19 Check guest room locks when cleaning rooms.	20 What do you do in the event of a weather emergency?	21 Report damaged smoke detectors.	22 Report missing bathtub strips or turned-up edges on mats.	23 Never place your hands in trash cans.	24 If you discover a fire, you should...
Father's Day	Juneteenth					
25 Keep storage away from electrical panels.	26 When an unknown person enters the room, you should...	27 Never give chemicals to guests.	28 Report burnt-out lights.	29 Be watchful for sharps in bed linens in the room and in the laundry.	30 Remove lint from dryers at least 3-4 times daily.	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Report screws or nails protruding from bed frames.
2 Use a ladder or step stool to change shower curtains; never stand on the edge of the tub.	3 Buckle up when traveling to and from work.	4 Do not drink and drive or ride with drivers who are drinking. <i>Independence Day</i>	5 Keep storage rooms closed to prevent theft.	6 When the fire alarm sounds, you should...	7 Keep oily rags in a covered container or under water until washed.	8 Store heavy items in the 'strike zone.'
9 Rock when vacuuming to save your back.	10 Get a stool or ladder. Never stand on chairs or bathtubs to reach high surfaces.	11 Lockouts and tagouts should be left alone.	12 Keep room doors closed when you're not present.	13 Never replace broken straps on rollaway beds with bungee cords.	14 Keep travel paths clear of trip hazards.	15 Report burnt-out exit signs.
16 Kneel on a padded surface when cleaning the bathtub.	17 Turn a cuff in rubber gloves to protect against drips.	18 Never mix chemicals.	19 Keep laundry chute doors closed.	20 Report storage in stairwells.	21 Only use chemicals provided to you by the hotel.	22 Do not try to stop carts from falling over.
23 Key rings should be signed out and back in.	24 Keep bottles and containers closed and properly labeled.	25 Make sure all containers are labeled properly.	26 Push carts from the steering end for easier maneuverability.	27 Wear protective gloves when cleaning bathrooms.	28 Report suspicious persons.	29 Know where to go when weather threatens.
30 Manage your vacuum cord to prevent trips.	31 Report damaged vacuum cords immediately.					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Keep storage away from fluorescent lights.	2 Keep room carts in front of the guest room door when working in a room.	3 Know your role during a weather emergency.	4 Key rings should be secured to the room attendant.	5 The rooming list should be stored out of sight in a secure location.
6 Report fire hazards.	7 Bend at your knees; save your back.	8 Wear goggles when opening laundry liquids.	9 Protect against bloodborne contaminants on and in linen.	10 Always use two people to flip mattresses.	11 Know the locations of the SDS or Safety Data Sheets.	12 Report missing fire extinguishers.
13 Correct or report slip, trip, and fall hazards.	14 Inspect cribs before setting up in guest rooms.	15 Wet cigarette butts before placing them in the trash.	16 Roll the vacuum cord to prevent twists and cord damage.	17 When anyone asks to be let in a room, direct them to the front desk.	18 Locate the fire alarm pull stations in your work area.	19 Check guest room locks when cleaning rooms.
20 What do you do in the event of a weather emergency?	21 Report damaged smoke detectors.	22 Report missing bathtub strips or turned-up edges on mats.	23 Never place your hands in trash cans.	24 If you discover a fire, you should...	25 Keep storage away from electrical panels.	26 When an unknown person enters the room, you should...
27 Never give chemicals to guests.	28 Report burnt-out lights.	29 Be watchful for sharps in bed linens in the room and in the laundry.	30 Remove lint from dryers at least 3-4 times daily.	31 'Cool off' greasy rags after laundering; store in covered metal container.	School Starts The new school year is coming, watch for buses!	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Report screws or nails protruding from bed frames.	2 Use a ladder or step stool to change shower curtains; never stand on the edge of the tub.
3 Buckle up when traveling to and from work.	4 Do not drink and drive or ride with drivers who are drinking. Labor Day	5 Keep storage rooms closed to prevent theft.	6 When the fire alarm sounds, you should...	7 Keep oily rags in a covered container or under water until washed.	8 Store heavy items in the 'strike zone.'	9 Rock when vacuuming to save your back.
10 Get a stool or ladder. Never stand on chairs or bathtubs to reach high surfaces.	11 Lockouts and tagouts should be left alone.	12 Keep room doors closed when you're not present.	13 Never replace broken straps on rollaway beds with bungee cords.	14 Keep travel paths clear of trip hazards.	15 Report burnt-out exit signs.	16 Kneel on a padded surface when cleaning the bathtub.
17 Turn a cuff in rubber gloves to protect against drips.	18 Never mix chemicals.	19 Keep laundry chute doors closed.	20 Report storage in stairwells.	21 Only use chemicals provided to you by the hotel.	22 Do not try to stop carts from falling over.	23 Key rings should be signed out and back in.
24 Keep bottles and containers closed and properly labeled.	25 Make sure all containers are labeled properly.	26 Push carts from the steering end for easier maneuverability.	27 Wear protective gloves when cleaning bathrooms.	28 Report suspicious persons.	29 Know where to go when weather threatens.	30 Manage your vacuum cord to prevent trips.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Keep storage away from fluorescent lights.	2 Keep room carts in front of the guest room door when working in a room.	3 Know your role during a weather emergency.	4 Key rings should be secured to the room attendant.	5 The rooming list should be stored out of sight in a secure location.	6 Report fire hazards.	7 Bend at your knees; save your back.
8 Wear goggles when opening laundry liquids.	9 Protect against bloodborne contaminants on and in linen. Columbus Day	10 Always use two people to flip mattresses.	11 Know the locations of the SDS or Safety Data Sheets.	12 Report missing fire extinguishers.	13 Correct or report slip, trip, and fall hazards.	14 Inspect cribs before setting up in guest rooms.
15 Wet cigarette butts before placing them in the trash.	16 Roll the vacuum cord to prevent twists and cord damage.	17 When anyone asks to be let in a room, direct them to the front desk.	18 Locate the fire alarm pull stations in your work area.	19 Check guest room locks when cleaning rooms.	20 What do you do in the event of a weather emergency?	21 Report damaged smoke detectors.
22 Report missing bathtub strips or turned-up edges on mats.	23 Never place your hands in trash cans.	24 If you discover a fire, you should...	25 Keep storage away from electrical panels.	26 When an unknown person enters the room, you should...	27 Never give chemicals to guests.	28 Report burnt-out lights.
29 Be watchful for sharps in bed linens in the room and in the laundry.	30 Remove lint from dryers at least 3-4 times daily.	31 'Cool off' greasy rags after laundering; store in covered metal container. Halloween	Fire Prevention Month Fire Safety Month is here!			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Report screws or nails protruding from bed frames.	2 Use a ladder or step stool to change shower curtains; never stand on the edge of the tub.	3 Buckle up when traveling to and from work.	4 Do not drink and drive or ride with drivers who are drinking.
5 Keep storage rooms closed to prevent theft. Daylight Savings Ends	6 When the fire alarm sounds, you should...	7 Keep oily rags in a covered container or under water until washed.	8 Store heavy items in the 'strike zone.'	9 Rock when vacuuming to save your back.	10 Get a stool or ladder. Never stand on chairs or bathtubs to reach high surfaces.	11 Lockouts and tagouts should be left alone. Veterans Day
12 Keep room doors closed when you're not present.	13 Never replace broken straps on rollaway beds with bungee cords.	14 Keep travel paths clear of trip hazards.	15 Report burnt-out exit signs.	16 Kneel on a padded surface when cleaning the bathtub.	17 Turn a cuff in rubber gloves to protect against drips.	18 Never mix chemicals.
19 Keep laundry chute doors closed.	20 Report storage in stairwells.	21 Only use chemicals provided to you by the hotel.	22 Do not try to stop carts from falling over.	23 Key rings should be signed out and back in. Thanksgiving	24 Keep bottles and containers closed and properly labeled.	25 Make sure all containers are labeled properly.
26 Push carts from the steering end for easier maneuverability.	27 Wear protective gloves when cleaning bathrooms.	28 Report suspicious persons.	29 Know where to go when weather threatens.	30 Manage your vacuum cord to prevent trips.	Fall Back Daylight Savings Ends: Check the batteries in your smoke and carbon monoxide detectors and replace if necessary.	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Keep storage away from fluorescent lights.	2 Keep room carts in front of the guest room door when working in a room.
3 Know your role during a weather emergency.	4 Key rings should be secured to the room attendant.	5 The rooming list should be stored out of sight in a secure location.	6 Report fire hazards.	7 Bend at your knees; save your back. Hanukkah	8 Wear goggles when opening laundry liquids.	9 Protect against bloodborne contaminants on and in linen.
10 Always use two people to flip mattresses.	11 Know the locations of the SDS or Safety Data Sheets.	12 Report missing fire extinguishers.	13 Correct or report slip, trip, and fall hazards.	14 Inspect cribs before setting up in guest rooms.	15 Wet cigarette butts before placing them in the trash.	16 Roll the vacuum cord to prevent twists and cord damage.
17 When anyone asks to be let in a room, direct them to the front desk.	18 Locate the fire alarm pull stations in your work area.	19 Check guest room locks when cleaning rooms.	20 What do you do in the event of a weather emergency?	21 Report damaged smoke detectors.	22 Report missing bathtub strips or turned-up edges on mats.	23 Never place your hands in trash cans.
24 If you discover a fire, you should...	25 Keep storage away from electrical panels. Christmas	26 When an unknown person enters the room, you should...	27 Never give chemicals to guests.	28 Report burnt-out lights.	29 Be watchful for sharps in bed linens in the room and in the laundry.	30 Remove lint from dryers at least 3-4 times daily.
31 'Cool off' greasy rags after laundering; store in covered metal container. New Year's Eve						

Responses

The purpose of this calendar is to provide management with a daily safety topic that can be discussed at housekeeping morning meetings or shift change meetings. The idea behind the calendar is repetitive training. However, some of the topics may be new and of great value to management and associates. Management may help verify the correct response to daily conditions at the hotel by regularly training staff members and hourly associates on these topics. Not every possible scenario is listed on the calendar. The situations that are listed are those we know may occur from time to time in housekeeping that might affect the safety and security of associates, guests, and the hotel. These topics repeat approximately every two months.

Jan | Mar | May | Jul | Sep | Nov

Day	Statement	Response
1	Report screws or nails protruding from bed frames.	Screws and nails or other sharp objects protruding from guest room bed frames frequently scratch and cut employees and guests. Help eliminate this hazard.
2	Use a ladder or step stool to change shower curtains; never stand on the edge of the tub.	Standing on the edge of a tub is a recipe for disaster. If done with enough frequency, a fall is sure to happen.
3	Buckle up when traveling to and from work.	It is as important to be safe off the job as on it. One of the greatest opportunities for severe injury is when traveling to and from work by auto. Always wear your seat belt and follow all state and local laws.
4	Do not drink and drive or ride with drivers who are drinking.	A small amount of alcohol can impair your ability to drive safely. Arrange for a designated driver, alternate transportation, or refrain from drinking when driving.
5	Keep storage rooms closed to prevent theft.	Towels, sheets, and blankets are a great expense for a hotel; some people think they make great souvenirs. Open storage rooms also leave hazards exposed that have the potential to injure guests and their children.

Jan | Mar | May | Jul | Sep | Nov

Day	Statement	Response
6	When the fire alarm sounds, you should...	<p>When the fire alarm sounds:</p> <ul style="list-style-type: none"> • Put away your cart. • Close any open doors. • Exit the building via the stairs. • Assist any guests. • Report to the designated assembly area.
7	Keep oily rags in a covered container or under water until washed.	<p>When oily rags are to be washed, we recommend the following procedure:</p> <ul style="list-style-type: none"> • The rags should be stored in a bucket with a solution of water and degreaser until washed. • The rags should be washed last on the shift. • The lint should be cleaned from the clothes dryer before drying rags to ensure maximum air flow; after drying, the rags should be run without heat to cool them down and should be stored in a covered metal container.
8	Store heavy items in the 'strike zone.'	<p>As in baseball, the strike zone is between mid-chest level and the knees. Heavy storage should be shelved in the strike zone to prevent the need to bend over when moving the item.</p>
9	Rock when vacuuming to save your back.	<p>Use your weight to power the vacuum; save your arm and back muscles. Little things make a big difference at the end of the day!</p>
10	Get a stool or ladder. Never stand on chairs or bathtubs to reach high surfaces.	<p>Standing on tubs, vanities and chairs is a formula for disaster. Room attendants frequently slip and fall when doing this. Instead, get a stool or ladder and save yourself from injury.</p>

Jan | Mar | May | Jul | Sep | Nov

Day	Statement	Response
11	Lockouts and tagouts should be left alone.	Although housekeepers are not usually directly involved in lockout/tagout situations, they should be aware of the hazards associated with these situations if encountered.
12	Keep room doors closed when you're not present.	The contents of the guest room are left exposed when doors are left open. This is important for checkout rooms and even more important for stay-over guest rooms. This also exposes the room attendant to assault from a person who may have entered the room in her absence.
13	Never replace broken straps on rollaway beds with bungee cords.	Bungee cords have 'stored energy' in them and can snap out of the grasp of guests and employees, causing injury. Cloth strapping or belting is a much better choice.
14	Keep travel paths clear of trip hazards.	Room attendants frequently trip and fall when bedspreads, linens and vacuum cords are left in travel paths inside the guest room.
15	Report burnt-out exit signs.	Exit signs are illuminated so they can be seen through the smoke of a fire. Without a properly functioning exit sign, an exit may not be visible during a fire.
16	Kneel on a padded surface when cleaning the bathtub.	This will save the room attendant's back. Some hotels provide foam pads for this purpose. This also puts the room attendant in a better position to reach the sides and bottom of the bathtub.
17	Turn a cuff in rubber gloves to protect against drips.	Turning a cuff when using rubber gloves can catch drips from cleaning chemicals that may otherwise run down the worker's arm. This is uncomfortable and could trigger an allergic reaction to the chemicals.
18	Never mix chemicals.	Mixing chemicals is potentially deadly. Most of us are not chemists, so we never know what the end result will be or what the hazards associated with mixing certain chemicals.

Jan | Mar | May | Jul | Sep | Nov

Day	Statement	Response
19	Keep laundry chute doors closed.	Laundry chutes function like chimneys. During a fire in the laundry, smoke and fire can spread onto the guest room floors if chute doors are left open or do not close and latch well.
20	Report storage in stairwells.	Storage in the stairwell is strictly prohibited by all fire and building codes. The stairwell must be maintained free of potential fire hazards to ensure a means of safe exit from a building if fires occur.
21	Only use chemicals provided to you by the hotel.	Room attendants have been known to bring chemicals from home because 'the chemicals the hotel buys aren't strong enough and do not clean as well as mine from home.' Chemicals should never be brought from home because if exposure occurs, the hotel will not have the necessary information to apply first aid.
22	Do not try to stop carts from falling over.	Should the cart hit an uneven area and start to tip over, let it. Then go get help to set it upright again. It's better to let the cart fall over than get a back injury.
23	Key rings should be signed out and back in.	Key control is essential to proper security at a hotel.
24	Keep bottles and containers closed and properly labeled.	Many sports drinks are approximately the same color as the cleaning chemicals used by hotels. This may be confusing to guests, particularly children, as well as employees. The best labels also have hazard identification.
25	Make sure all containers are labeled properly.	Properly labeled containers list any health hazards, flammability rating and reactivity rating in addition to the name of the product.
26	Push carts from the steering end for easier maneuverability.	This is another example of working smarter, not harder, and can save wear and tear on the body.

Jan | Mar | May | Jul | Sep | Nov

Day	Statement	Response
27	Wear protective gloves when cleaning bathrooms.	One of the greatest hazards to the health of the room attendant is hepatitis. The germ that causes this disease can live outside the body for an extended period of time. Protect yourself; always wear gloves when cleaning bathrooms.
28	Report suspicious persons.	Criminals often stroll through corridors bumping doors hoping to find one unlatched.
29	Know where to go when weather threatens.	Have you identified areas of refuge for employees and guests in the event of threatening weather? If a tornado warning is given, where will you go?
30	Manage your vacuum cord to prevent trips.	Vacuum cords present trip hazards for employees and guests alike. Keep the cord out of the main walkway as much as possible; keep it flat on the floor, reduce kinks and loops in the cord and check the walkway before moving the cord.
31	Report damaged vacuum cords immediately.	Damaged vacuum cords become a shock hazard. Have a damaged cord replaced ASAP.

Feb | Apr | Jun | Aug | Oct | Dec

Day	Statement	Response
1	Keep storage away from fluorescent lights.	The fluorescent light fixture can become hot enough to ignite linens or lint, so it is important to leave plenty of clearance around lights and fixtures.
2	Keep room carts in front of the guest room door when working in a room.	The room attendant cart should be kept in front of the door of the guest room being cleaned, as this provides a degree of security from intrusion. It also keeps the corridor pathway clear for guests, which is particularly important in the event of an emergency.
3	Know your role during a weather emergency.	Room attendants usually know what to do when the fire alarm sounds. They should also receive training on what to do and where to go when weather threatens. Know what type of threatening weather occurs in your area. Tornadoes can have winds of over 200 mph and can blow out windows and lift roofs from even the most modern buildings. A safe haven is very important during these situations.
4	Key rings should be secured to the room attendant.	This is essential to good security at a hotel and prevents the cost of rekeying the hotel due to lost keys. A cord around the neck presents another set of hazards and is not recommended. Pin or clip the key ring cord to your uniform or belt.
5	The rooming list should be stored out of sight in a secure location.	Rooming lists frequently contain guests' names. These should be carefully guarded and stored out of sight in a secure location.
6	Report fire hazards.	The easiest way to fight a fire is to stop it from happening by reporting fire hazards right away. Fire endangers the guests and employees of the hotel.

Feb | Apr | Jun | Aug | Oct | Dec

Day	Statement	Response
7	Bend at your knees; save your back.	This old familiar message is still important.
8	Wear goggles when opening laundry liquids.	Laundry workers frequently get liquid chemicals in their eyes when opening bulk (five-gallon) containers. Much of this material is very caustic and damaging to the eyes.
9	Protect against bloodborne contaminants on and in linen.	The linens from the beds and bathrooms have the potential to transfer BBPs (bloodborne pathogens) for up to several days. This is particularly true of hepatitis. At a minimum, puncture-resistant rubber gloves should be worn by room attendants and laundry workers. Special laundering procedures should be employed when linens are known to be contaminated.
10	Always use two people to flip mattresses.	A lesson learned by trial and error, using two people to flip a mattress saves workers' backs. Mattresses are too awkward to handle alone.
11	Know the locations of the SDS or Safety Data Sheets.	Safety Data Sheets, or SDS (formerly called Material Safety Data Sheets or MSDS), contain information about the hazards associated with chemicals and overexposure, as well as detailing proper use of the chemical and the steps to take in the event of ingestion or skin and eye exposure.
12	Report missing fire extinguishers.	A missing fire extinguisher may be the exact one needed during a fire.

Feb | Apr | Jun | Aug | Oct | Dec

Day	Statement	Response
13	Correct or report slip, trip, and fall hazards.	<p>Slips, trips, and falls are the most common accidents in America. Every effort should be made to eliminate these hazards.</p> <p>Correct or report poor housekeeping situations immediately.</p> <p>Contact a Zurich risk engineer for a risk topic on this subject.</p>
14	Inspect cribs before setting up in guest rooms.	The safety of our smaller guests is of the utmost importance. Missing nuts and bolts can mean the crib is not stable; exposed bolt ends, wing nuts, etc., can catch a child's clothing and create a choking hazard.
15	Wet cigarette butts before placing them in the trash.	A common cause of fire in hotels is hot cigarette butts being dumped into the trash bag on the cart.
16	Roll the vacuum cord to prevent twists and cord damage.	You can help keep the vacuum cord from becoming a twisted trip hazard by rolling it with your thumb and forefinger on your 'off' hand. Practice makes perfect.
17	When anyone asks to be let in a room, direct them to the front desk.	Housekeepers should never let anyone into a guest room.
18	Locate the fire alarm pull stations in your work area.	Knowing where the manual fire alarm pull stations are is important if you need to notify all occupants of a fire in the hotel.

Feb | Apr | Jun | Aug | Oct | Dec

Day	Statement	Response
19	Check guest room locks when cleaning rooms.	It is very important for the security of guests that locks function properly; make sure that the deadbolt retracts when the knob or lever inside the room is used. This can be very important in the event of an emergency.
20	What do you do in the event of a weather emergency?	Different areas of the country get different weather emergencies. Know your duties when they occur.
21	Report damaged smoke detectors.	The in-room smoke detectors are the first line of defense for the guests' protection against fire. They also protect the entire hotel by calling attention to a fire when it's still small and easy to extinguish.
22	Report missing bathtub strips or turned-up edges on mats.	If the hotel is using one-inch strips to protect against slips in the bathtub, a minimum of six strips is needed across a standard tub, but eight is better. Missing strips leave gaps in this protection. The strips should be a minimum of 36 inches long (two rows) and should cover the entire tub.
23	Never place your hands in trash cans.	Trash cans can contain hypodermic syringes, razor blades and other items that can cause injury.
24	If you discover a fire, you should...	<p>When you discover a fire:</p> <ul style="list-style-type: none"> • Close the door to the room. • Activate the fire alarm at the manual pull station. • Call the front desk and report the fire's location. • Exit the building.

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25	Keep storage away from electrical panels.	A small fire can shut down large sections of the hotel if the fire affects the electrical panel.
26	When an unknown person enters the room, you should...	<p>Immediately go to the door of the guest room so you can escape if threatened.</p> <ul style="list-style-type: none"> • Ask the person to show their key. • Try the key in the lock. • If the person does not cooperate or does not have a key, leave immediately and call the MOD or housekeeping manager.
27	Never give chemicals to guests.	There are several horror stories about room attendants giving a guest cleaning chemicals in cups and glasses only to have the guest's child mistakenly drink the chemical. It may be okay with management to offer to clean something in the guest's room, but you should never give the guest a cleaning product or chemicals.
28	Report burnt-out lights.	Proper lighting is necessary for good safety and security. Guests do not like dark public areas or burnt-out lights in guest rooms.
29	Be watchful for sharps in bed linens in the room and in the laundry.	Guests with diabetes, allergies or other maladies may absentmindedly leave hypodermic syringes in the bed where they can become tangled in the linens. Be careful when changing bed linens.
30	Remove lint from dryers at least 3-4 times daily.	This will help ensure proper operation of the dryer, improve airflow, improve the efficiency of the dryer and decrease the fire hazard.

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31	'Cool off' greasy rags after laundering; store in covered metal container.	<p>Laundering greasy rags is one of the most frequent operations housekeeping and laundry is asked to perform. It is very important not to store rags from the clothes dryer until they are completely cool, and then they should be stored in a covered metal container. The recommended procedure is outlined below:</p> <ul style="list-style-type: none">• The rags should be stored in a bucket with a solution of water and degreaser until washed.• The rags should be washed last on the shift.• The lint should be cleaned from the clothes dryer before drying rags to ensure maximum air flow. <p>After drying, the rags should be run without heat to cool them down and should be stored in a covered metal container.</p>

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