



get more

Slips, Trips and Falls

Simple Steps

Prevent Injuries, Save Lives

- 1. Clean up spills immediately
- 2. Use non-skid mats under throw rugs
- **3.** Wear slip-resistant shoes
- **4.** Install handrails on both sides of stairs
- **5.** Light up walkways, inside and out
- 6. Clear debris from outside paths
- 7. Keep walkways and steps in repair



No Laughing Matter at Work or at Home

Where Falls Happen

- Doorways
- Ramps
- Cluttered hallways
- Uneven surfaces
- Wet floors
- Ladders
- Stairs

Falls are the third leading cause of unintentional death in the U.S., accounting for nearly 32,000 deaths in 2014



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For more information on this and other safety topics, please log on to the member-exclusive website at nsc.org

Source: National Safety Council, Injury Facts 2016®