

## get more

# Safe Driving

#### **On the Road to Reducing Risks and Costs**

### 7 Steps to Safer Driving

- 1. Be prepared! Buckle up, set GPS, check your vehicle
- 2. No distractions! Never text-turn off phones
- 3. No alcohol, drugs, or meds. They can impair driving
- 4. Keep cool! Aggressive equals Risky, Considerate equals Safer
- 5. Wake up! If drowsy take a break or nap
- 6. Stormy weather! Adjust your driving accordingly
- 7. Full speed ahead? Caution on hills, winding roads, intersections

#### A Safe Driving Program...

- Saves lives
- Saves time

Saves money

And gets you home safely

More than 35,000 people die in crashes every year on U.S. roads and over 90% of those accidents are the result of preventable driver error.

#### NATIONALSAFETYMONTH2017

For more information on this and other safety topics, please log on to the member-exclusive website at nsc.org

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Source: Occupational Safety and Health Administration, U.S. Department of Labor "Guidelines for Employers to Reduce Motor Vehicle Crashes"